



gaelscoil bhaile brigín

Fearann an Chaisleáin, Baile Brigín, Co. Átha Cliath, K32 YT18.
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Nuachtlitir 24
Bl16: 04/04/22- 08/04/22

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Coiste na dTuistí/ Parents' Association

Féilire Scoile:

Tá roinnt cóipeanna d'fhéilire 2022 ar fáil fós. Má theastaíonn uait cóip a cheannach, déan teagmháil le hAisling.

Calendar:

There are still some 2022 calendars available. If you would like to buy a copy, please contact Aisling.

Ceardlanna Aireachais/ Wellbeing Workshops

Beidh ceardlanna ar siúl Déardaoin na seachtaine seo do dhaltáí rang 3-6. Clúdófar na topaicí seo a lean as:

3rd-6th class pupils will take part in wellbeing workshops this Thursday. The workshops are very interactive and include Meditation, Physical Activity and Q&A sessions with the students. The following topics will be covered:

*Core 4 of Self-Care for Health
Feel-Good Factor of Fitness
Stress Management
Mindfulness
Coping with Uncertainty*

Ghlac R1-6 páirt i gceardlanna a chuir Bully4U ar fáil le déanaí. Sna ceardlanna chuaigh siad tríd:

- Céard is brí le bulaíocht?
- Cén fáth a tharlaíonn bulaíocht sa chéad áit?
- Conas dul i ngleic le bulaíocht?
- An tionchar a bhíonn ag bulaíocht ar dhaoine
- Céard is brí le cibearbhulaíocht? (Do na hardranganna)



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- Rudaí gur féidir linn go léir a dhéanamh ionas go mbeidh gach duine sásta ag teacht ar scoil
- Na dainséir a bhaineann le cluichí ar líne & an meán sóisialta

Bhí ceardlann ar siúl do na tuistí ar 15/03/2022 maidir leis an aiseolas ó na ceardlann sa scoil agus ag tabhairt moltaí do na tuismitheoirí. Bhí an láithreoir ó Bully4U ag moladh go láidir go mbeadh cumarsáid oscailte i gcónaí ar siúl idir tuismitheoirí agus páistí maidir leis na topaicí seo. Chuaigh sé tríd na comharthaí maidir le bulaíocht a aithint agus mhol sé cleachtas aisiríoch maidir le bulaíocht. Anuas ar sin, thug sé le fios ó na ceardlanna go mbíonn páistí chomh hóg le Rang 1 ag spraoi cluichí d'aois 18 nó ar shuíomhanna ag spraoi i gcoinne 'cairde' agus is stráinséirí iad. Mhol sé go láidir mar sin chun a bheith cúramach maidir leis na suíomhanna agus cluichí a bhíonn in úsáid ag na páistí.

Is féidir tuilleadh eolais a fháil ó: www.bully4u.ie

1st-6th class recently took part in workshops provided by Bully4U. In these workshops the following content was covered:

- What does bullying mean?
- Why does bullying happen in the first place?
- How to deal with bullying
- The impact that bullying has on a person
- What does cyberbullying mean? (Senior Classes)
- Things we can do to ensure that everyone is happy coming to school
- The dangers associated with online gaming and social media

A workshop took place for the parents on 15/03/2022 where feedback and advice from the workshops was given to parents. The Bully4U presenter strongly recommended that there be open communication between parents and children regarding these issues. He also went through the signs for recognising if a child is being bullied and recommended a restorative practice when it came to bullying. As well as this he said that based on the workshops in school that children as young as 1st class were playing games for 18-year-olds and using gaming sites where they would play against 'friends' who were in fact strangers. He strongly recommended that parents be extremely vigilant when it comes to the sites and games which the children use.

More information can be found on the website: www.bully4u.ie



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Lá Lus na Gréine

Ba mhaith linn ár mbuíochas a ghabháil le gach duine a thug airgead i dtreo an bhailiúcháin inniu. Beidh Cumann Croise Deirge na hÉireann in ann an t-airgead seo a úsáid chun fearas leighis a cheannach. Go raibh maith agaibh.

<https://www.justgiving.com/fundraising/gaelscoil-bhaile-brig-n1>

#TacaighLeisanÚcráin
#StopAnCogaSeo
#AnÚcráin

We would like to thank all of you who supported our fundraiser today. The Irish Red Cross will be able to use this money to purchase medical supplies. Thank you.

<https://www.justgiving.com/fundraising/gaelscoil-bhaile-brig-n1>

#StandWithUkraine
#StopTheWar
#Ukraine

Ciarán, Chris agus Coiste na nDaltaí



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Lá Feasachta ar Uathachas/ Autism Awareness Day

Beidh físeán á thaispeáint Dé hAoine na seachtaine seo, 8 Aibreáin ar scoil darbh ainm 'Autism Fights Back'. Is gearr scannán é seo stiúrtha ag tuismitheoir scoile, Eric Ronan. Bhain sé éacht amach nuair a ainmníodh an scannán mar 'Best Film' ag Dublin Smartphone Film Festival 2020. Táimid ag súil go mór le breathnú air. Is féidir le daltaí a gcuid éadaí féin a chaitheamh an lá seo.

A film will be shown in school this Friday. 8th April named 'Autism Fights Back'. This is a short film directed by Eric Ronan, a parent in the school. The film was acclaimed Best Film at the Dublin Smartphone Film Festival 2020. We are looking forward to watching it. Pupils can wear their own clothes on this day.

Saoire na Cásca/ Easter Holidays

Rachaidh gach dalta abhaile ag meanlae Dé hAoine na seachtaine seo. Beidh an scoil dúnta ar feadh coicíse de réir féilire na scoile. Oslóimid arís ar 25 Aibreáin. Tabhair faoi deara go mbeidh cruinniú foirne ar siúl an lá sin agus go gcríochnóidh gach dalta ag 1.30in. Ní bheidh club na naíonán ar siúl an lá sin.

All pupils will go home at 12 this Friday. The school will be closed for a fortnight as per the school calendar. We open again on 25th April. Please note that there is a staff meeting on the 25th and all pupils will finish @1.30pm. There will be no infant club on that day.

COVID- 19 Cathain le fanacht sa bhaile ón scoil/COVID-19 When to stay home from school

- Má tá COVID-19 ar do pháiste (PCR nó antigéin dearfach)
- Má tá aon chomharthaí COVID-19 ar do pháiste

Your child cannot attend school in the following circumstances:

- *If your child has COVID-19 (Positive PCR or antigen)*
- *If your child has any symptoms of COVID-19.*



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Cosain tú féin agus daoine eile ó thinneas

Nigh do lámha

- Tar éis casacht nó sraoth
- Nuair a bhíonn tú ag tabhairt aire do dhuine tinn
- Roimh agus tar éis bia a ullmhú
- Sula n-itheann tú
- Tar éis an leithreas
- Nuair atá do lámha salach
- Tar éis lámh a leagain ar ghearradh, spuaic nó créacht oscailte
- Is féidir cuimilteoir alcóil láimhe a úsáid mura bhfuil cuma shalach ar na lámha



www.hse.ie/handhygiene

